

Healthy Schools Greenwich

July 2022

Please note our updated Healthy Schools email address for all correspondence:
healthy-schools@royalgreenwich.gov.uk



Holiday Food and Fun Summer 2022

Children aged 4 – 16 (aged- 19 for SEND children) in receipt of benefits-related free school meals can get a free holiday club place this summer through Holiday Food and Fun. The council is working with lots of holiday clubs all over the borough to make sure every child can attend a fun social club during the holidays at no cost to families.

Parents can visit royalgreenwich.gov.uk/holidayfoodandfun to find their local club and sign their child up for a summer of Holiday Food and Fun.



Greenwich in Bloom

The Royal Borough of Greenwich is back, searching for the best blooming garden in the borough.

Nominations are open for the annual return of Greenwich in Bloom, giving schools and residents of Royal Greenwich a chance to show off their planting skills. Entrants don't need to have a garden to enter - there's a category for hanging baskets, window boxes or pots - they just need to be passionate about planting!

The categories for this year's competition are:

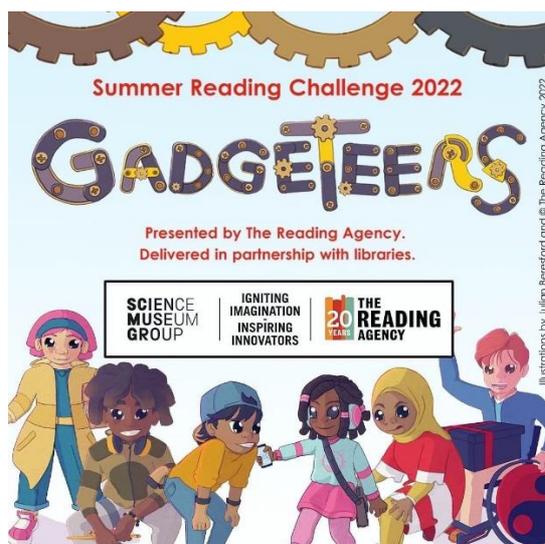
- Front garden
- Back garden
- Containers (including hanging baskets, window boxes or pots)
- Communal garden
- Junior gardener (Entrants must be under 18)

The competition, sponsored by Thompson's Plant & Garden Centres, ends **at 5pm on Tuesday 12 July**. The entries will be assessed by independent judges who are the Mayor, Cllr Leo Fletcher and Cabinet Member for Equality, Culture and Communities, Cllr Adel Khairah.

The children's category is to showcase the talents of our younger residents and there's even a £60 voucher for the winner! Every child that enters will get a packet of seeds to plant and the Junior gardeners who receive 2nd and 3rd place will also receive a voucher. Prizes in the other four categories will be £60 for first place, £40 for second and £20 for third in vouchers for Thompson's Plant & Garden Centres.

Apply for Greenwich in Bloom 2022 by Tuesday 12 July here:

royalgreenwich.gov.uk/news/article/2083/greenwich-in-bloom-is-back



Summer Reading Challenge

The Summer Reading Challenge, presented by The Reading Agency and funded by Arts Council England, encourages children aged 4 to 11 to set themselves a reading challenge to help prevent the summer reading 'dip'.

Each year the Challenge, delivered with the support of public libraries, motivates over 700,000 children to keep reading to build their skills and confidence. This year, The Reading Agency is partnering with Science Museum Group for Gadgeteers, a science and innovation themed Challenge that will spark children's curiosity about the world around them. Find out more about Gadgeteers [here](#).

The Challenge launches in libraries in England and Wales on Saturday 9th July and families can sign up at any **Greenwich library from Saturday 16th July**.

Visit the Summer Reading Challenge website to find out more about this year's programme: readingagency.org.uk/children/quick-guides/summer-reading-challenge/



Anna Freud offer a range of summer self-care resources, including webinars for both parents/carers and students on coping with exam results.

For more info, go to:

[Self-care summer | Resources for primary schools, secondary schools and staff \(annafreud.org\)](http://annafreud.org)



The NSPCC have released some new Makaton PANTS resources, along with a sign up **QR** code (below), to access their SEND resources. These would be useful for SEND and mainstream schools and nurseries with deaf provisions:



These resources have been created following feedback from staff and parents at Watermill School - a special school in Stoke. Some of the students at Watermill use Makaton to communicate and the staff and parents felt that creating Talk PANTS resources with Makaton would help these children to better understand the PANTS rules and it could therefore help to keep such children safe from sexual abuse.

Visit nspcc.org.uk/pantsguides to download the resources and watch the films.



Cost of living survey

Have your say and tell us how the rising cost of living is affecting you. On 22nd June, the Royal Borough of Greenwich pledged to take urgent action to do even more to support residents with the rising cost of living and increased cases of food poverty. As part of this, the Council has launched a survey to hear directly from those most effected.

The short survey will ask direct questions on how the rising cost of living is affecting people in the borough, in the hopes of identifying where there may be gaps in support, so that these can be addressed.

Further to the survey, the Council will be reaching out even more widely through community centres, respected local figures, faith groups, ward councillors and many others.

You can have your say by visiting: royalgreenwich.gov.uk/cost-of-living-survey



Woodlands Farm Seasonal Summer Trail

Pop by to Woodlands Farm this summer to try their Seasonal Summer Trail.

Pick up a Trail pack from the Mess Room in the farmyard for £3 and try find all the seasonal facts about summer wildlife around the farm. The trail is available to do anytime the farm is open: **Tuesday - Sunday, 9.30am – 4.30pm**

For more information, see the [website](#) or contact Hannah Ricketts on education@thewoodlandsfarmtrust.org

Woodlands Farm is located on the borders of the London boroughs of Bexley and Greenwich. At 89 acres, it is the largest city farm in the UK. Priorities are education and conservation, and we are part of the Natural England Higher Level Stewardship Scheme. The education programme attracts visitors from pre-school to third-age groups. The Trust aims to involve local community groups, schools, volunteers and businesses in farming and conservation, helping to bridge the current town-country divide.



Summer of Play at the National Maritime Museum

This summer, come and enjoy lots of maritime-themed fun at the National Maritime Museum. They will be running a host of outdoor and indoor activities for the whole family, including Character Encounters, SENSory Sailors, the AHOY! Children's Gallery, outdoor play and live science and astronomy.

Make sure to check the museum pages closer to the holidays for a full list of events taking place: rmg.co.uk/whats-on/national-maritime-museum/summer-play